

Sandy Jefferis

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Education:

Mary Goslen, 4th Degree Master-teacher, Lineage Holder

- 2012 completed Initiating Master-Teacher of the Third Degree Reiki Practitioner's Program
- 2012 completed Initiating Master-Teacher of the First & Second Degree Reiki Practitioner's Program

Sabina B. Evarts, Master-Teacher: The Usui-Satori Reiki System

- 2011 Master Teacher Level 2
- 2010 Master Teacher Level 1
- 2009-2010 Third Degree Reiki Program
- 2009 Second Degree Reiki Program
- 2008 First Degree Reiki Program

University of Vermont

- 1982 Bachelor of Science in Nursing
Honors: magna cum laude

University of Missesota

- 1978 prerequisite science courses for nursing program

University of Kansas

- 1974 Bachelor of Arts, Anthropology

Publications and Presentations:

1995 Jefferis, Sandra C., Margaret P. Gagne, and Ellen W. Leff "Factors Associated with Newborn Temperature Change During Initial Bath," oral presentation, Association of Women's Health, Obstetric, and Neonatal Nurses, Nashville, Tennessee, June 4-7.

1994 Leff, Ellen W. , Sandra C. Jefferis, and Margaret P. Gagne, "The development of the Maternal Breastfeeding Evaluation Scale," Journal of Human Lactation 10: 105-111.

1994 Leff, Ellen W., Margaret P. Gagne, and Sandra C. Jefferis, "Maternal perceptions of successful breastfeeding," Journal of Human Lactation, 10(2): 99-104.

1992 Leff, Ellen W., Margaret P. Gagne, and Sandra C. Jefferis, "Development of a Maternal Breastfeeding Evaluation Scale," oral presentation, NAACOG, the Organization for Obstetric, Gynecologic, & Neonatal Nurses, Minneapolis, Minnesota, June 1.

1992 Gagne, M.P., E.W. Leff and S.C. Jefferis. "Diabetes and breastfeeding: an exploratory approach." Health Care of Women International, July-September.

1991 Leff, E.W., M.P. Gagne and S.C. Jefferis. "Promoting successful interdependence: type I diabetes in pregnancy." MCN, March/April.

1991 Jefferis, S.C., M.P. Gagne, and E.W. Leff. "Breastfeeding and diabetes: making it work for you." Diabetes Forecast, August.

1989 Jefferis, S.C., E.W. Leff, and M.P. Gagne, "Pregnancy and chronic diabetes: The agony and the ecstasy", oral presentation, NAACOG Seventh National Meeting, St. Louis, Missouri, April 5.

1988 Gagne, Margaret, Sandra C. Jefferis, and Ellen W. Leff. "Diabetes and Breastfeeding: An Exploratory Study," paper presented at the 1988 NAACOG Research Conference, Practice Implications for Perinatal and Women's Health Nursing Research, Toronto, Canada, July.

1988 Gagne, Margaret, Sandra C. Jefferis, and Ellen W. Leff. "Diabetes and Breastfeeding: An Exploratory Study." Paper presented at the Eighth Biennial Nursing Research Conference, Emerging Directions in Nursing Research, Chapel Hill, North Carolina, April.

Grants and Awards:

2008

Web and Flow, Juror's Choice Award, Textile Center, Minneapolis, Minnesota

2002

Vermont Arts & Fine Craft Festival, Stratton Mountain, Vermont; Best in Class award

1990

American Nurses Foundation funding for "Development of a Maternal Breastfeeding Evaluation Scale"

1986

American Nurses Foundation funding for "Diabetes and Breastfeeding: An Exploratory Study"

Employment:

2009 - present

Sandy Jefferis Reiki
professional Reiki practice and teaching

1997 - 2011

Sandy Jefferis Studios
Fiber Sculpture and Contemporary Baskets

1982 - 1997

Medical Center Hospital of Vermont
member, nursing research group
member, nursing research committee
preceptor, BS and AD nursing students during maternal/child clinical
coauthor "Diabetes and Pregnancy" inpatient booklet
staff nurse, labor and delivery
staff nurse, postpartum
staff nurse, neurology and urology

1978 - 1982

University of Vermont, Department of Anthropology
research assistant, Cultural Resource Management Program

1976 - 1982

University of Minnesota, Department of Agronomy
secretary

Exhibitions:

2009 Select Group Show from the National Basketry Organization's "Web and Flow",
Guardino Gallery, Portland, Oregon

Web and Flow, Textile Center, Minneapolis, Minnesota

2008 Leave a Paper Trail, Studio Place Arts Gallery, Barre, Vermont

2007 Paint the Gallery Red, Studio Place Arts Gallery, Barre, Vermont

Maps and Journeys, Studio Place Arts Gallery, Barre, Vermont

Basketry as an Art Form, Bascom-Louise Gallery at the Fine Art Center, Highlands,
North Carolina

- 2006 Smaller Than A Breadbox, Shelburne Art Center, Shelburne, Vermont
Fine Art of Craft, Studio Place Arts, Barre, Vermont
Palettes of Vermont, Vermont Arts Council, selected exhibition, Montpelier, Vermont
- 2005 Landscapes, Art on Main, Bristol, Vermont. Featured artist.
- 2002 It's Alive!, Shullenberger Gallery, Jericho, Vermont
Tour de Vermont, Shullenberger Gallery, Jericho, Vermont
Vermont Arts & Fine Craft Festival, Stratton Mountain, Vermont; "Best in Class" award
- 2001-2002
It Must Be The Water, Shullenberger Gallery, Jericho, Vermont

Galleries:

Shelburne Art Center, Shelburne, Vermont; 2003-2009
Art on Main, Fine Art and Craft Gallery, Bristol, Vermont; 2004-2010
Silver Lake Shop, Barnard, Vermont; 2006-2009
Artisans Gallery, Waitsfield, Vermont; 2006-2010
Artisans Hand Craft Gallery, Montpelier, Vermont; 2000-2008

Media:

- 2007 Hubbardton Forge Catalog, "Four Corners Vessel #3" cover feature.
2005 Pellett, Dorothy, "Baskets Are Dependable Sellers At Retail Shops, Help Provide Livelihood For Artisans," Champlain Business Journal, March.
2003 "Art and Artisans Holiday Market," Vermont Times, November 12.
2000 "Home Business", Champlain Business Journal, November.

Professional Organizations:

Vermont Reiki Association, 2009 - present
Co-President 2012-present
Treasurer 2011 - 2012
Vermont Crafts Council
Vermont Arts Council
National Basketry Organization

Council on Nursing and Anthropology, 1980-1983

Sigma Theta Tau, International Honor Society of Nursing, 1988 -
present

International Lactation Consultant Association (1995)

Vermont State Nurses Association

Nurses Association American College of Obstetricians and Gynecologists
(NAACOG)